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TEAM BUILDING **activities**

2017

from
VERBANO EVENTS
Destination Management Company

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Conquering the Islands



*Guests will have the chance to enjoy
the fun of the teambuilding
while discovering the beauties of Lake Maggiore....*

The guests will visit the famous Borromean Islands through a funny and involving Treasure Hunt. Each Island will represent a different task to overcome, as well as the Hotel Garden which is a task place. Each task is characterised by different features.

The first phase of the activity is dedicated to the Warm-up section. This moment includes some short games, aiming at involving all the guests and increasing their interest for the group activity section.

Carton Boat



Let's build your boat

The guests will be shared in to groups of work, each of those needs to develop its project and successfully complete the teambuilding activity.

Goal of the activity

To build a craft within the budget provided that can navigate and complete a course on the water in the best period of time.

DRAGON BOAT

The Dragon Boat is a worldwide diffused sporting discipline that foresees competitions on standard long 12,66 meters and wide 1,06 meters boats with the head and the tail with the shape of a dragon.



This activity is highly exciting and challenging. Besides the competition in itself, that is always a fascinating and a motivating element, the fact to be with other 20 people in one "canoe", rowing altogether, following the rhythm of the drum, produces a strong feeling of team and affiliation in the participants

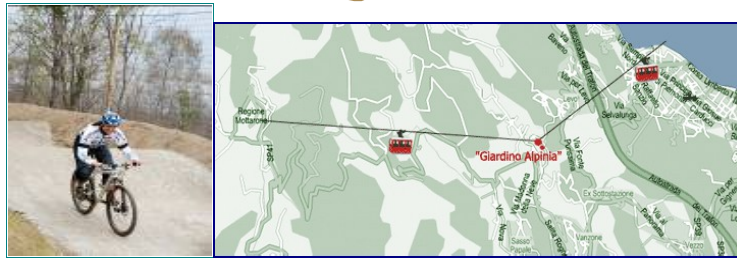
SAILING REGATTA



Sailing is ideal as Team Building activity. Sailing's strong emotional impact strengthens the team cohesion, increases group co-operation and the individuals' ability to coordinate the individual work with the team targets.

Using sailing as an intense learning environment, we work with team and individuals to promote their capacity and to build a high level independence and interdependence.

Treasure Hunt by Mountain Bike



The activity will take place after having reached the top of the Mount Mottarone by cable-car and there, after the briefing, the participants will receive the bikes and the helmets. Then the activity will start.

Participants will be constantly supported by the trainers and they will have to interpret and identify the requested "clues or signs" to find out the "treasure".

GPS HUNTING



The activity consists of a treasure hunt, where you use the GPS to find some hidden control points and participants will be divided into teams.

Each team will be provided with a GPS, a short guide of the GPS (for novices in the use of a GPS) and a schematic map of the area with marked points to reach. Using GPS, the team have to reach the most number of control points, following the correct order described during the briefing and remove the card corresponding to the color / number of the team, take a picture of waypoints and answer some quizzes. The goal is to reach all points (with different difficulties and different score points) within the given time.

Purpose of activity: work in teams developing strategies for action on the field in order to reach the target with the best result.

Quad tour

FIRST TIME QUAD ON LAKE MAGGIORE

Our tour aims to cross and live some of the most beautiful places of Lake Maggiore going up on the slopes of the Alps: the path of ancient smugglers.

However, on the way we will meet "the present" of the area: off-road paths and situations that the case will put us in front. In short, we aim to make authentic experiences, nothing "pre-packaged".

We start from Feriolo Baveno, up along routes that will make us enjoy all the countless natural varieties of Lake Maggiore.



Lake Maggiore Zipline

An emotional experience that runs on a thread in one of the most beautiful corners of the world

Immersed in the green scenery of the Terre Alte (High Lands), looking onto Lake Maggiore, choose your preferred style and fly in total safety at over 120km/h (75 mph), feeling the thrill of the wind and discover new emotions.

A steel cable long 1.850 mt, a drop of 350 mt, 90 seconds of pure excitement that gives you the sensation of the nose diving flight of the falcon or of a swallow dancing in the sky.

A unique experience to try again and to communicate to others.



ADVENTURE PARK



The Adventure Park consists of a series of suspension runs (Tibetan and Tyrolean bridges and gangways). There is also a climbing or scaling wall (10 metres high), an acro-jump and a mountain bike range with parabolic curves, backs and jumps. The suspended runs and bridges are under safety conditions with an endowment DPI (harness, pulley, gloves and helmet).

The Adventure Park is an ideal place to experience team building, in which sporting activities will strengthen the whole team and also enhance one's own abilities of concentration, in a unique setting at Lake Maggiore.

Jeux sans Frontieres



"Jeux sans Frontieres" consist of different challenges and always engaging. Participants will play different sports and games trying to achieve the following goals.

- Fun: through play and involvement of all
- Strategy and planning: using the resources available at the right time and in the right places and knowing how to invest in the more remunerative games
- Motivation: emphasizing the concept of team committed to achieving a common goal: the victory.
- Gratification of the group: discovering desire to be together to design, through instructive play, ambitious paths to success, recognizing all part of a great team.

All activities will take place in the garden (the feasibility of this activity is however subject to availability and consent of the hotel).

Participants will be followed by trainer that involves them in various activities, will check the regularity, timing and take note of the results.

BEN HUR

Let's start the challenge



An unbelievable historical biga's race that will bring you to the emotions lived inside the colosseum in the ancient Rome.

The goal is seemingly unattainable, resources inadequate to meet the challenge, the small budget, the materials available are no enough. To pass the test each team will field a good dose of creativity, imagination and experimentation. Then the prototypes will be compared in the final competition: each team will present its establishment by challenging the other teams. In a climate of great emotional participation all participants watch the competition and make the fans for each of their project.

The big challenge in which teams try different implementation of a impossible prototype: a roman biga made entirely of cardboard, able to go with an adult on board, to be pushed by others during the competition.

CRAZY CAR RACE

The craziest race of the world



The big challenge in which teams try different implementation of an impossible prototype: a machine made entirely of cardboard, able to go with an adult on board, to be pushed by others during the competition.

The goal is seemingly unattainable, resources inadequate to meet the challenge, the small budget, the materials available are no enough.

To pass the test each team will field a good dose of creativity, imagination and experimentation. Then the prototypes will be compared in the final competition: each team will present its establishment by challenging the other teams.

In a climate of great emotional participation all participants watch the competition and make the fans for each of their project.

Spot Awards

You make the spot of your company



The team work becomes a game. You create the organisation of your communication team together with our staff.

You will work thinking of your firm, looking for a slogan, thinking at how you can create the right advert, you then will execute it and gain the approval of your colleagues hence enjoying the success.

Spot Awards by Verbano Events is a team building of great impact, creative and emotional, it is able to put in light the company fidelity of the people who work within and gives many formative aspects. Our trainers will follow the group with appropriate debriefs and consequently, according to the requests and aims that the company wishes to achieve, will adapt the activity accordingly.



The Big Puzzle

A thousand details make a masterpiece



An enigma, an intricate story. To build a puzzle to discover the hidden truth: a unique and adrenaline search of the particular.

Participants, initially divided into different groups, will have to solve various tests to grab pieces of a big puzzle. Only the contribution of everyone within the group and all groups together will allow the construction of the grand design that will reveal the final enigma.

Team building activity using music, movement and dance as a universal instruments to create a fun, energetic and unforgettable experience.

GOSPEL



The Gospel music is one of the most addictive forms of music to the world. In its origins, the Gospel was born as an art form based on participation, the sense of community, mutual trust and the ability of each individual to make the music more powerful, compact and efficient.

In the Gospel, no matter who has the stronger or more beautiful voice, each member from the choir is part of life and everyone participates equally in the process of musical creation.

Gospel music is generally used to nanny 5 years to unite and transform individuals, colleagues, executives and managers in each profession. Learning the songs together and singing together, we understand the importance of listening to one another, developing team spirit and giving performances as a team while having fun.

One of the most important aspects of Gospel music is the movement and dance. Each member of the

choir must move in unison and harmony, ease an individual moves out of time, the other team members realize this immediately.

In this case, the stronger members of the choir must feel safe and to help those in difficulty to catch up, knowing that this is essential for a good unit of the group, as well as for adequate performance.



Orchestra



From a starting point of practically non-existent musical skills emerges a team capable of producing excellent results. Integration between the group members is made easier and a huge boost of energy and emotion is generated.

The challenge is a great surprise to the participants, and initially appears to be impossible. They have to become a great orchestra in a few hours. The experience of putting together a musical group will amaze the participants for the speed with which they are able put into motion mechanisms which are usually take much longer.

The Orchestra will be able to respond to the conductors, to speed up and slow down, to alter the volume, to perform *questions and answers* between the various musical sections and to have moments of improvisation.

The atmosphere is relaxed and pleasant as each participant receives an instrument and after few basic instructions, becomes more competent with his instrument and with his own role.

Each phase of the activity provides a sense of ever increasing individual and collective achievement.

The culmination of ORCHESTRA is the creation of an actual orchestra where each musical section finds its own rhythm but is then harmoniously combined with the other sections giving rise to a total result where no one component can overshadow the others.

GOLF DAYS on Lake Maggiore



Holes 18

Par 72

mt. 6122

Course:

Golf Club des Iles Borromées has a strategic position. It is located in the heart of the Lake Maggiore, 6 km far from Stresa, and immersed in a beautiful nature. The Golf Club is situated 500 mt. above the sea level, with a southerly exposure, fresh during the Summer and sunny in Winter. You will find 18 holes, with foreshortenings of rare beauty on the lakes and mountains that surround it, to be played with amusement and skill.

A cosy and comfortable Club House with a restaurant open at your service, driving range, putting green, electric golf carts, golf sets and trolleys to hire complete the Club services.

Facilities: Driving range, putting green, shop, bar, restaurant, golf carts, golf sets and trolleys to hire

....we can arrange fun days of golf in one of the courses around Lake Maggiore...

WINE TASTING & VINARELLI WORKSHOP



At the Castle there will be the possibility to taste local wines including the famous "BOCA", a small jewel of the Piedmontese enology (it is a wine with ancient origins), in addition to an interesting "painting" lesson guided by a painter.

It is not a regular painting lesson, here the artist will show and demonstrate a lesson of painting using wine, ink and natural elements such as spices. The artist, puts his knowledge in the hands of those present so that they can also paint and experiment with different techniques. An interesting and fun situation which stimulates the observation and brings the reflection on the value of colour and symbol and gives the attention on different aspects of this inspiring artwork.

Participants will create small works of art under the supervision of the artist and the characteristics of the materials used (wine, spices, etc...) makes this activity a unique and creative one. At the end of the workshop works produced by the participants will remain at their disposal.



Cooking Class



Have you ever wondered what can happen when a team uses a kitchen as a laboratory to develop and increase the efficiency?

We propose the cooking class during conventions, meetings, conferences and events to make the most relaxing and enjoyable climate and create greater aggregation and team spirit among the people.



The practical lesson on how to make : GNOCCHI or TAGLIATELLE

The lesson will be active, therefore the participants will mix the ingredients, which will be already placed on the tables and learn the tricks of the Italian cuisine! The chef will explain and show how to prepare the typical Italian "GNOCCHI" or "TAGLIATELLE"!

The recipe is simple and based on fresh ingredients and the lesson is enriched with useful practical tips.

The end result will then be judged by a "selected" jury...